

## CLAIMS

1. Aseptic filling method for filling a content preliminarily sterilized in a synthetic resin container subjected to rinsing and sterilization, wherein the contents  
5 preliminarily sterilized are filled in the container under a temperature which is higher than normal temperature, but lower than a temperature expressing a sterilization effect.

2. The aseptic filling method according to Claim 1, wherein the contents are  
10 filled in said container under a temperature within a range of 30°C to 40°C.

3. The aseptic filling method according to Claim 1, wherein the contents are filled in said container under a temperature within a range of 50°C to 60°C, and then cooled to normal temperature.

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